

# Temvit Gold<sup>®</sup>

Multivitamin & Multimineral

## COMPOSITION:

Temvit Gold<sup>®</sup> Tablet: This tablet is a High potency 32 multivitamin preparation with minerals & trace elements to adequately replenish vitamin, mineral & trace element deficiency. To maintain the proper growth and resistance of body against diseases. Each film coated tablet contains -

Vitamin A	BP	5000 IU	Iodine	BP	150 mcg
Vitamin C	BP	60 mg	Magnesium	BP	100 mg
Vitamin D <sub>3</sub>	BP	400 IU	Zinc	Ph.Grade	15 mg
Vitamin E	BP	30 IU	Selenium	Ph.Grade	20 mcg
Vitamin K	BP	25 mcg	Copper	Ph.Grade	2 mg
Vitamin B <sub>1</sub> (Thiamine)	BP	1.5 mg	Manganese	Ph.Grade	2 mg
Vitamin B <sub>2</sub> (Riboflavin)	BP	1.7 mg	Chromium	USP	120 mcg
Vitamin B <sub>3</sub> (Niacin)	BP	20 mg	Molybdenum	BP	75 mcg
Vitamin B <sub>6</sub> (Pyridoxine)	BP	2 mg	Chloride	BP	72 mg
Folic Acid	BP	400 mcg	Potassium	BP	80 mg
Cyanocobalamin	BP	6 mcg	Boron	Ph.Grade	150 mcg
Biotin	BP	30 mcg	Nickel	Ph.Grade	5 mcg
Pantothenic acid	BP	10 mg	Silicon	BP	2 mg
Calcium	BP	162 mg	Tin	Ph.Grade	10 mcg
Iron	BP	18 mg	Vanadium	Ph.Grade	10 mcg
Di Calcium Phosphate	BP	109 mg	Lutein	Ph.Grade	250 mcg

## PHARMACOLOGY:

Temvit Gold<sup>®</sup> Tablet contains vitamin A, D, E, C, K, B-complex and minerals: Iron, Copper, Manganese, Zinc, Potassium and Iodine. Vitamins and minerals are essential for normal metabolic functions including hematopoiesis. The members of vitamin B-group are components of enzyme system that regulate various stages of carbohydrate, fat and protein metabolism, each of the components playing a specific biological role. Vitamin C is involved in tissue repair and collagen formation. Vitamin A plays an essential role in the function of retina and is essential for growth and differentiation of epithelial tissue. Vitamin E is an antioxidant which preserves essential cellular constituents. Vitamin D is supplemented for prevention and cure of systems which perform vital cellular functions.

## INDICATION:

Temvit Gold<sup>®</sup> Tablet is indicated for the prevention and treatment of vitamin, mineral and trace element deficiencies. As a complete daily nutritional supplement Temvit Gold<sup>®</sup> Tablet is also indicated to meet the increased demands for vitamins and minerals.

## DOSE & ADMINISTRATION:

Orally one tablet daily for adult or as directed by the physician.

## CONTRA - INDICATION:

Temvit Gold<sup>®</sup> Tablet is contraindicated in patients with known hypersensitivity to any of the ingredients.

## WARNING AND PRECAUTION:

Long term intake of high levels of vitamin A (Excluding that sourced from Beta carotene) may increase the risk of osteoporosis in postmenopausal women. Do not take this product if taking other vitamin A supplements.

## SIDE EFFECTS:

Generally, this preparation is well tolerated. Diarrhea may occasionally occur during treatment with beta carotene and the skin may assume a slightly yellow discoloration. The side effects of vitamin A are reversible. Vitamin C and vitamin E may cause diarrhea and other gastrointestinal disturbances.

## USE IN PREGNANCY & LACTATION:

Recommended by the consultation with physician.

## USE IN CHILDREN & ADOLESCENTS:

Not recommended

## DRUG INTERACTION:

No drug interactions have been reported.

## OVERDOSE:

Taking more medication will not improve the symptoms, rather it may cause poisoning or serious side effects.

## STORAGE:

Store in a dry and cool place below 30° C temperature and keep away from light and moisture. Keep out of reach of children.

## PACKING:

Temvit Gold<sup>®</sup> Tablet in Strip: Each box contains 5x10's Tablets in Alu-PVDC blister pack.

Temvit Gold<sup>®</sup> Tablet in Container : Each container contains 30 tablets.



Manufactured by

**Team Pharmaceuticals Ltd.**

B 75-79, BSCIC, Rajshahi, Bangladesh

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