

# Temseas<sup>®</sup>

Multivitamin with Cod Liver Oil

## COMPOSITION:

Each 5 ml syrup contains Cod Liver Oil BP 100 mg, Vitamin A BP 2000 IU, Vitamin D3 BP 200 IU, Vitamin C BP 17.50 mg, Vitamin B1 BP 0.70 mg, Vitamin B2 BP 0.85 mg, Vitamin B6 BP 0.35 mg, Vitamin E BP 1.50 mg, Nicotinamide BP 9 mg.

## PHARMACOLOGY:

Temseas<sup>®</sup> is a multivitamin Syrup with cod liver oil, contains B vitamin's and fatty acid (cod liver oil). Temseas contains Cod Liver Oil which is the nature's most abundant sources of Vitamin A and D, supplying a unique combination of health promoting properties. It is also a particular rich source of rare eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) which make up the important omega 3 essential fatty acids. These omega-3 fatty acids, keeps blood triglycerides in check (high triglycerides are generally linked with increased risk of heart diseases) and may inhibit the progression of atherosclerosis. They also have anti-inflammatory activity, as a result they are also helpful in Crohn's disease and rheumatoid arthritis. It has been also found that omega- 3 fatty acids are needed for prostaglandin formation. Probably as a result of their effect on prostaglandin they are responsible for blood vessel dilation. Omega- 3 fatty acid helps to treat patient with Raynaud's disease. It has been also found that EPA & DHA have some preventive role in cancer and prevent cardiac arrhythmia.

## INDICATION:

Temseas<sup>®</sup> Syrup is indicated for growing children. It helps in development and proper functioning of their vital organs. It helps to prevent vitamin deficiency and restore lost vitality after illness, in case of appetite or tiredness of growing children. It also increases immunity and helps to maintain healthy skin, hair, nail, teeth, bone, eye and nervous system. In adults it helps to treat and prevent chronic diseases like heart diseases, rheumatoid arthritis, COPD, cancer etc. In pregnant and nursing mothers it helps in proper development of the baby.

## DOSE & ADMINISTRATION:

Children 1 to 12 months : 2.5 ml daily (0.5 teaspoon)  
Children 1 to 4 years : 5 ml daily (1 teaspoon)  
Children above 4 years : 7.5 ml daily (1.5 teaspoon)  
Adults : 10 ml daily (2 teaspoon)

Temseas<sup>®</sup> Syrup can be taken with water or milk.

## CONTRA-INDICATIONS:

Temseas<sup>®</sup> Syrup is contraindicated in patients with a known hypersensitivity to any of the ingredients.

## WARNING AND PRECAUTION:

In the long term use, Temseas<sup>®</sup> Syrup may accumulate in the body which may cause hypervitaminosis then it should not be used over dosage or be used continuously except recommended by the physicians.

## SIDE EFFECTS:

Generally well tolerated, a few allergic reactions may be seen for some specific vitamins.

## USE IN PREGNANCY & LACTATION:

Recommended by the consultation with physician.

## USE IN CHILDREN & ADOLESCENTS:

It is safe to use Temseas<sup>®</sup> Syrup in children and adolescents.

## DRUG INTERACTION:

No such interaction has been reported.

## OVERDOSE:

Taking more Temseas<sup>®</sup> Syrup will not improve the symptoms, rather it may cause poisoning or serious side effects.

## STORAGE:

Store in a dry and cool place below 30<sup>o</sup> C temperature and keep away from light and moisture. Keep out of reach of children.

## PACKING:

Temseas<sup>®</sup> 100 ml Syrup: Each bottle containing 100 ml syrup with a measuring cup.

Temseas<sup>®</sup> 200 ml Syrup: Each bottle containing 200 ml syrup with a measuring cup.



Manufactured by

**Team Pharmaceuticals Ltd.**

B 75-79, BSCIC, Sopura, Rajshahi, Bangladesh

IST-0030